

MENU ESCOLAR ENERO 2026

	DIA 5 LUNES	DIA 6 MARTES	DIA 7 MIERCOLES	DIA 8 JUEVES	DIA 9 VIERNES																																																																						
1			<p>Lentejas a la castellana</p> <p>Pizza de jamon y queso</p> <p>Pan y fruta de temporada</p>	<p>Puchero con garbanzos y fideos</p> <p>Croquetas de pollo</p> <p>Verdura al vapor rehogadas</p> <p>Pan y fruta de temporada</p>	<p>Crema de verduras</p> <p>Lomo adobado</p> <p>Patatas fritas</p> <p>Pan y yogur</p>																																																																						
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Todos los menús van acompañados de agua suministrada al centro por la empresa abastecedora de la localidad.

FRUTA: Según temporada y proveedores, se suministrará una pieza fruta de temporada

Para la elaboración de nuestros platos se utiliza aceite de oliva virgen extra y sal yodada.

El menú basal no es apto para personas que padecen alergias o intolerancias alimentarias. Atendiendo al RD 1169/2011, pueden solicitar al personal de la empresa la información de los alérgenos.

Menú elaborado Fernando R./AND-371) según pautas nutricionales del Plan de Evaluación de la oferta alimentaria en centros escolares de Andalucía